

# **MAKE TIME TO DISCOVER THE MAGIC IN MINOT TODAY!**

**By VISIT Minot** 

Let Minot surprise you! Our big, small town is waiting to show you all that we have to offer. From a thriving downtown scene including shopping and dining, to historic and cultural experiences. Get a taste of the great outdoors while having the luxuries of a small city nearby.

Stand under a 30-

foot Dala Horse statue right next to the Gol Stave Church, a wooden replica of a church in Norway, at the Scandinavian Heritage Park! View one of the largest collections of airworthy World War II aircrafts in the Upper Midwest at the Dakota Territory Air Museum, snap a photo for your own 'Top Gun: Maverick' moment. Meet Helen the sloth at North Dakota's oldest zoo, Roosevelt Park Zoo.

Watch as pigs race, indulge in a foot-long corndog, and catch a concert during the North Dakota State Fair, the biggest event in North Dakota takes place over 9 days in July. Try lutefisk, an infamous dried cod dish, or Scandinavian pastries and other goodies at Norsk Hostfest, the largest Scandinavian festival in North America. Every

September, this festival allows you to immerse yourself in Scandinavian culture, food, and music, and is fun for the whole family. Head to Down-

town Minot to discover many places to eat, including farm to table options, global flavors, and unique cafes, bars, and breweries! Bite into a woodfired pizza, savor

the flavor of a smoked cocktail, or dip Irish fries into a signature secret sauce. Sit on a parklet, surrounded by flowers, and enjoy the summer breeze, or sip on a cocktail while watching the sun set and stars emerge on a rooftop bar.

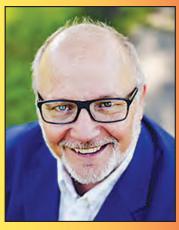
Stop by Visit Minot, the visitor center and chat with us for recommendations on things to do, places to see, hot dining spots, and hidden gems. Find treasures at our gift shop featuring locally made North Dakota goods, and Scandinavian items. Visit our website: www.visitminot.org, or call us at: (701) 857-8206 for additional information. Discover local daily events on our continually updated calendar: calendar.visitminot.org. Connect with us on Facebook and Instagram -Visit Minot or @visitminot.

# **WELCOME TO THE MAGIC CITY**

#### **By TOM ROSS** Mayor

As mayor of Minot, thank you for making Minot a destination, whether it's for business or pleasure. You'll find that Minot is an inviting, welcoming community with unique shopping, dining, tourism, and recreational opportunities.

Minot is home to the North Dakota State Fair and the internationally known Norsk Hostfest and Scandinavian Heritage Center. Our new Discovery Center features more than 150 interactive learning environments for children. our expanded Roosevelt Park Zoo is home to 135 animals across 68 different species, and our historic downtown offers something for everyone. The region's indoor and outdoor facilities offer visitors everything from ice skating to golf to nature/hiking trails, and Minot sits among some of the finest fishing and hunting experiences you'll find



anywhere.

If your goal is to find a destination you can relocate to. vou've found it in Minot. We feature excellent educational systems and a thriving business community that includes our friends at Minot Air Force Base, making Minot an ideal place for your family to live, work, and play.

After your stay, we're confident you'll know why Minot is called the Magic City. Thank you for visiting Minot.

# **IT'S MAGIC IN MINOT!**

**By BREKKA KRAMER** President/CEO. Minot Area Chamber EDC

On behalf of our nearly 700 member investors at the Minot Area Chamber EDC (Economic Development Corporation) welcome! North Dakota's Magic City is a community full of energy and truly is a magical place. When Minot was founded in 1886, it became known as the Magic City because as the railroad made its way through our community,



Minot grew so quickly it was like magic. Today we feel the same excitement and energy as the Minot area continues to grow.

not! Downtown Minot is a hot spot for development and has it all from the arts and music scene to fun restaurants to gourmet eats and treats of all kinds to local pubs and a wine bar. Plus, so many great shops. The corner of Central Avenue and 1st Street downtown was just named the 2022 North Dakota's **Community Development** project of the year. Be sure to swing by to see why. Minot State University's campus is beautiful and is

It really is Magic in Mi- full of community events to take in. MSU even has an outdoor summer theatre that's worth a trip to during the summer months. We have an amazing zoo for all ages to love. This year we opened the Magic City Discovery Center, the STEAM-focused education center is a creativity sanctuary where children can be challenged to solve problems and gain life skills while playing in a fun and safe environment with extraordinary learning experiences.

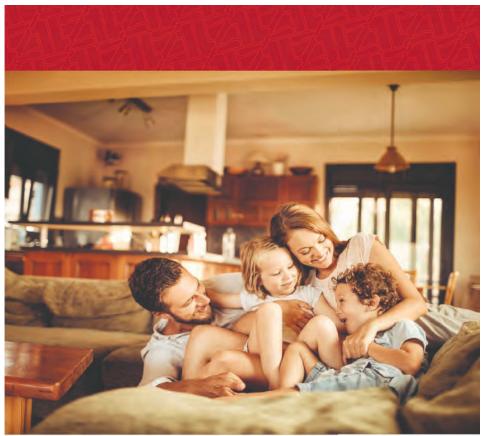
It is the mission of the Minot Area Chamber EDC to advocate for and invest in business activity by being a collaborative partner in the community, focused on improving quality of life for all. We have great partners and big development projects underway including the new hospital, new high school, mix-use space development projects like The Tracks and much more. We are enjoying all the community has today and continuing work to support investment and

attract people to the Magic City.

The community is proud of Minot Air Force Base and blessed to have our neighbors to the north. Minot Air Force Base is the only Air Force base with two legs of the nuclear triad, and we don't ever forget the role Minot Air Force Base plays in protecting our country and the nation.

Enjoy the Magic of Minot and you never know, this may be a place you too want to call home.

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# **ABOUT MINOT "MAGIC CITY**"

Minot, 'the Magic City,' is located in the valley of the Souris River and is named for Henry Davis Minot. Henry Davis Minot was a close associate of James J. Hill, the "Empire Builder,"

who was at the helm of the Great Northern Railway.

Initially, the city began as a tent town when the Great Northern was pushing west in the 1880s. When construction of the railroad halted to build a bridge across a coulee west of Minot (Gassman Coulee Trestle), a large tent town immediately spring up which was generally assumed to be the start of permanent settlement. When the selected townsite of Minot became known, the tent town was replaced almost overnight.

Minot's post office was established Feb. 12, 1887.

Minot's current location was selected in November 1886, and was incorporated as a city in 1887.

Today, Minot is a trade center for an area covering northwest and north central North Dakota including Canada and

Montana. The city lies within the eastern boundaries of the oil-rich Williston Basin.

The city has a population of 47,789, according to the last population estimate in 2021.



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#### TRANSPORTATION

| Minot International Airport      | 857-4724     | l |  |  |
|----------------------------------|--------------|---|--|--|
| Allegiant Airlines               | 702-505-8888 |   |  |  |
| Delta Airlines                   | 800-221-1212 |   |  |  |
| United Airlines                  | 800-864-8331 | - |  |  |
| Bus                              |              |   |  |  |
| City Bus                         | 857-4148     |   |  |  |
| Northland Bus Service (charter)  | 839-2400     |   |  |  |
| Souris Basin Transportation      | 839-7433     |   |  |  |
| Ride Share                       |              |   |  |  |
|                                  | www.lyft.com |   |  |  |
| Lyft<br>Uber                     | www.uber.com |   |  |  |
|                                  |              | ( |  |  |
| Passenger Rail                   |              |   |  |  |
| Amtrak                           | 852-0358     | ; |  |  |
| Rail Freight Service             |              |   |  |  |
| BNSF                             | 888-428-2673 |   |  |  |
| Canadian Pacific Railway         | 888-333-8111 |   |  |  |
| Courier Service                  |              |   |  |  |
| CrossCountry Freight Solutions   | 800-521-0287 |   |  |  |
| FedEx Ship Center                | 800-463-3339 |   |  |  |
| FedEx Office Print & Ship Center | 852-7183     |   |  |  |
| UPS Customer Center              | 800-742-5877 |   |  |  |
| The LIPS Store                   | 838-7870     |   |  |  |

#### Licenses, Titles and Tabs

Magic City Courier

Central Courier Co.

| Motor Vehicle Department | 857-8221 |
|--------------------------|----------|
| Drivers License          | 857-7524 |
| Drivers License          | 007-7024 |

#### NW ND Topography

Latitude: 48 degrees 18' N Longitude: 101 degrees 20'W Elevation: 1,715 feet Time Zone: Central Area Code: 701

#### TAXES

State Sales Tax5%City Sales Tax2%County Sales Tax0.5%Lodging Tax3%State Income Tax 0-2.5%There are three rates applied to increasing levels<br/>of income.

#### PROPERTY TAXES

Consolidated rate of 367.01 mills in Minot and Minot Public School District for 2023 budget year. Assessed Value Annual Tax \$150,000 \$2,477 \$200,000 \$3,303 \$250,000 \$4,129



852-6070

852-2603

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#### WEATHER

North Dakota has four distinct seasons — spring, summer, fall and winter. The summer season is warm and dry, which provides an excellent environment for many of North Dakota's outdoor activities, such as golf, fishing, swimming and more. In the fall the leaves change to beautiful reds and oranges.

Minot is centered on the North American continent. The city is served by U.S Highways 2, 52 and 83. Minot is located 150 miles from the Montana state line, 215 miles from the Minnesota state line, 200 miles form the South Dakota state line and 55 miles from the Canadian International Boundary. Minot is located in Ward County. Minot has an area of 27.67 square miles within the city.

| PRECIPITATION<br>AVERAGES |       | AVERAGE<br>TEMPERATURES |        |         |          |
|---------------------------|-------|-------------------------|--------|---------|----------|
|                           | Snow  | Precip.                 | H      | -ligh   | Low      |
| January                   | 8.3"  | .28"                    | Winter | 21.4º F | 4º F     |
| February                  | 6.9"  | .29"                    | Spring | 50.4º F | 28.5° F  |
| March                     | 7.8"  | 51"                     | Summer | 77.8° F | 54.3 º F |
| April                     | 4.4"  | 1"                      | Fall   | 53º F   | 31.4º F  |
| May                       | 1.8"  | 2.73"                   |        |         |          |
| June                      | 0     | 3.73"                   |        |         |          |
| July                      | 0     | 2.5"                    |        |         |          |
| August                    | 0     | 2.08"                   |        |         |          |
| September                 | 0     | 1.57"                   |        |         |          |
| October                   | 3.6"  | 1.15"                   |        |         |          |
| November                  | 8.9"  | .56"                    |        |         |          |
| December                  | 10.1" | .31"                    |        |         |          |

# **CANADA INFORMATION**

### FROM HERE TO THERE

| Minot to       | Mileage |
|----------------|---------|
| Brandon, MB.   | 126     |
| Calgary, AB.   | 688     |
| Edmonton, AB.  | 728     |
| Estevan, SK.   | 119     |
| Moose Jaw, SK. | 265     |
| Regina, SK.    | 244     |
| Saskatoon, SK. | 403     |
| Weyburn, SK.   | 173     |
| Winnipeg, MB.  | 299     |

#### PERSONAL EXEMPTION LIMITS FOR CANADIAN RESIDENTS

-Less than 24 hours, personal exemptions do not apply.

—24 to 48 hours, you can bring back \$200 in goods, excluding tobacco and alcohol.
—48 hours or more, you can bring back \$800

-48 hours or more, you can bring back \$800 in goods.

#### **TOBACCO**

If you have been away from Canada for 48 hours or more, you may import all of the following amounts of cigars and stamped tobacco into Canada free of duty and taxes when stamped duty-free. — 200 cigarettes, 200 g. (7 oz.) loose tobacco, 50 cigars

#### **ALCOHOLIC BEVERAGES**

If you have been away from Canada for 48 hours or more, you are allowed to import one of the following free of duty and taxes: Wine — up to 1.5 L (53 oz.)

Wille — up to 1.5 L (53 0Z.)

Liquor — Up to 1.14 L (40 oz.) Beer — Up to 8.5 L (287 oz. Or 24 cans/bottles)

#### **PORTS OF ENTRY**

Ambrose — 9a.m.-5 p.m.Antler — 9 a.m.-5 p.m.Carbury — 9 a.m.-5 p.m.Dunseith — 24 hoursFortuna — 9 a.m.-5 p.m.Noonan — 9 a.m.-5 p.m.Northgate — 9 a.m.-5 p.m.Northgate — 9 a.m.-5 p.m.Northgate — 24 hoursSt. John — 8 a.m.-4 p.m.Sherwood — 9 a.m.-5 p.m.(Temporary closing at 7 p.m. through July 30)Westhope — 8 a.m.-4 p.m.



- North Dakota's first-ever Vegas-style sports book for high-flying sports betting
- Gaming areas with slots, table games and more
- New gaming riverboat, River Willow
- Outdoor water park with three slides, kids splash pad and lazy river
- Nearby golf courses
- Luxury lodge accommodations

- Modern RV park
- Full-service marina with lake access for world class fishing, including the Casino Cup Walleye Circuit
- New convenience store with car wash and liquor store
- Ultra modern event center
- Meeting and event spaces

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# HOUSING

PAGE 6

Alliance Real Estate 1401 11th Avenue SW, Ste. 2 839-2217 alliancere.net

Better Homes and Gardens Real Estate Watne Group 408 N. Broadway #1 852-1156 minothomes.com

Brokers 12 Inc. 1201 S. Broadway 852-3757 brokers12.com

Century 21 Action Realtors 500 20th Avenue. SW 839-0021 minotsells.com

 **Coldwell Banker** 1st Minot Realty 219 Main Street. S. 852-0136 coldwellbanker.com

CTS Properties 2412 N. Broadway, Ste. A 852-1884

Dreamland Homes 3225 54th Street. SW 839-1222 dreamlandhomesnd.com

Elite Real Estate 1829 S. Broadway #1 838-4040 eliterealestatend.com

Hometown Realty 315 Main Street. S. 838-4609 hometownrealtynd.com IMM Inc. 700 N. Broadway 852-3648 immrealtors.com

**Iseman Homes** 1710 20th Avenue. SW 839-0039 isemanhomes.com

Keller Williams Inspire Realty 12 Main Street. S. 838-6800 kellerwilliamsinspirerealty.com

Liechty Homes Inc. 4030 Highway 83 S. 852-0249 liechtyhomes.com Meadowlark Homes 1325 27th Street. SE #1 420-2743 meadowlarkhomesnd.com

NextHome Legendary Properties 400 4th Street. SW 852-8151 nexthomelegendary.com

Preferred Partners Real Estate 2050 36th Avenue SW, Ste. 205 852-HOME (4663) preferredminothomes.com

Re/Max Bakken Realty 2915 10th Street. SW, Ste. A & B 838-8300 bakkenrealty-minot.com

both actional and interactional artists.

**701 Realty** 24 1st Street. NE 852-7653 701realty.com

Signal Realtors 1541 S. Broadway 852-3505 minothomesearch.com

Signature Properties 1701 S. Broadway 839-1999 minotareahomes.com

> Minot Population by Gender 2020 Census Male: 25.016

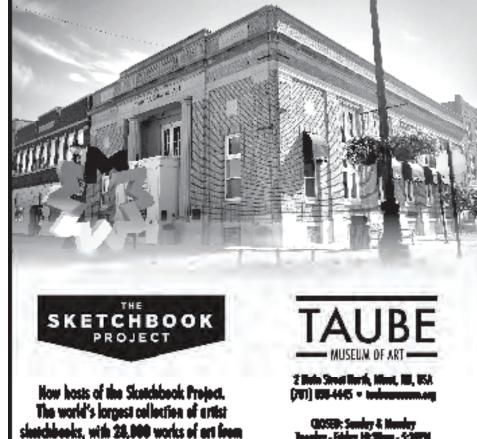
Male: 25,016 Female: 23,361

Sill Them - Ap

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# **POPULATION**

Ward County: 68,870 Minot: 47,789 Minot Air Force Base: 5,017 (2020) IE (Source: U.S. Census Bureau, U.S. Air Force)

#### Total Area Population 2020 Census

2022 estimates North Dakota: 779,261

Ward County: 69,919 Minot: 48,377 Minot Air Force Base total personnel: 12.247 - dependents, civilians (2022)





M-F 8-6 Sat 8-2 1604 20th Ave SE Minot, ND 701-838-1823 www.harrystireservice.com



#### BOWLING

North Hill Bowl 1901 North Broadway 852-4108

#### GOLF

Vardon Golf Club 7101 Country Road 15 West 858-0312 www.vardongolfclub.com Details: Par 72, 6,565 yardage, open to the public.

Souris Valley Golf Course 2400 14th Avenue SW 857-4189 Details: Par 72, 6,759 yardage, open to the public. Apple Grove Golf Course 3910 20th Avenue SE 852-5460 Details: Par 29 (9 holes), 1,538 yardage, open to the public.

Minot Country Club 1912 Valley Bluffs Drive 857-3591 Details: Par 72, 6,870 yardage, membership.

Wildwood Country Club 8401 County Road 15 West 725-4653 Details: Par 44 (12 holes open), Par 67 (18 holes when completed), 4,843 yardage (18 holes), open to the public.

Jack Hoeven Wee Links 900 Forest Road 857-1570 www.weelinks.org Details: 9 holes designed for kids ages 13 and under. Roughrider Golf Course 220 Golf Drive Minot Air Force Base 723-3164 Details: Par 36 (nine holes), 3,155 yardage, open to the public.

X-Golf Minot 1619 South Broadway 838-1621 Details: 6 state-of-the-art golf simulators

Lucky Strike Lounge Casino & Links 1901 North Broadway 852-4332

#### HOCKEY

Minot Hockey Boosters 852-6215

#### ICE SKATING

Maysa Arena 857-1544 2502 Burdick Expressway West

#### SOCCER

North Hill Soccer Complex 1200 21st Avnue NW

#### SOFTBALL

Keith White Sertoma Sports Complex 857-4796 Across from the airport on North Hill

SCHEELS Complex at South Hill 857-4789 16th Avenue & 5th Street SE

#### TENNIS

Cameron Indoor Tennis Center 857-4730 3520 Main Street North

# Looking for something fun to do? Come play at Apple Grove Golf Course!

### Apple Grove Golf Course

is designed for all levels of golfers. Come out to Apple Grove Golf Course to enjoy 9 holes or 18 holes of golf.

Apple Grove also offers 18 holes of foot golf!

Apple Grove hosts fun and engaging activities including Couple's league, Men's league, and Women's league.

3910 20th Ave SE, Minot | 701.852.5460

Golf Course

Apple Grove Golf Course can also provide an *awesome venue* for you to hold your tournaments and events!

#### **OTHERS**

**Nodak Speedway** 838-6464, 852-8382 North Dakota State Fairgrounds This guarter-mile oval track features auto racing and the Dakota Flat Track features drag racing for fans of all ages.

Magic City International Dragway 833-8465 2005 Burdick Expressway East

YMCA 852-0141 3515 16th Street SW A family-oriented, year-round sports facility.

#### SPORTS TEAMS

**Minot Minotauros** North American Hockey League Maysa Arena 2501 Burdick Expressway West 857-1544 www.minotauroshockey.com/tickets-home

Minot Hot Tots College Summer Baseball Team Northwoods League Corbett Field 1124 Burdick Expressway East 224-9633 www.northwoodsleague.com/minot-hottots/tickets/

#### FISHING AND HUNTING

#### **Resident:**

-Combination - includes fishing, general game and habitat, small game and furbearer licenses - \$52

—Fishing - \$18

- -Small game Pheasant, grouse, partridge \$10
- -Big game, waterfowl see gf.nd.gov/licensing/general

#### Non-Resident:

- Fishing, individual season \$45.
- -Fishing, husband andwife \$60.
- -Fishing, 3-day \$25.
- -Small game Pheasants, grouse, partridge \$100. -Big game,waterfowl See gf.nd.gov/licenses.



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PROGRAMS

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# ROOSEVELT PARK ZOO

Roosevelt Park Zoo in Minot is the oldest public zoo in North Dakota. The zoo celebrated its centennial in 2021.

About 135 animals of various species all over the world make their home at Roosevelt Park Zoo. The number increases dramatically when about 3,000 honey bees arrive from a local beekeeper on loan to the zoo for display in the Discovery Barn.

The Centennial Capital Campaign was launched in December 2017, to finance the new habitats for the African lions and Amur tigers.

The lions' habitat is on the east loop of the zoo where other African species are located. The tigers' new area is located near the Zoo's Visitor Center.

A renovation of the existing cat habitats provides new habitat for leopards. A ribbon cutting was held for the leopards' habitat this spring.

Despite going through two major floods in the past 50 years – the flood of 1969 and the flood of 2011 – the zoo has bounced back each time into a fully viable facility for visitors with a wide variety of zoo inhabitants plus providing special programs for the zoo experience.

The 2015 zoo season was the first season since the 2011 flood with all zoo inhabitants.

Additions of new animals, new exhibits and the participation in the Species Survival Program have greatly enhanced the zoo.

Several years ago, the zoo began remaining open through the winter months, weather permitting. The winter opening offers visitors a different type of zoo experience.

Zoo staff continually work to increase visitors' experience and provide new and year-round educational programs for all ages at the zoo. Jeff Bullock is zoo director.

Minot's zoo drew more than 110,000 guests in 2022. It reaches more than 10,000 students through regional education and outreach programs.

Roosevelt Park Zoo is accredited by the Association of Zoos & Aquariums (AZA) and licensed by the U.S. Department of Agriculture.

Admission Fee

Summer: Adults - \$10; Seniors (60+), Military, College Students - \$9; Children (Ages 3-12) - \$6.50; Children 2 & Under – Free

Winter: Adults - \$6; Seniors (60+), Military, College Students - \$5; Children (Ages 3-12) - \$4; Children 2 & Under – Free

Roosevelt Park Zoo 1219 Burdick Expressway East 857-4166

www.rpzoo. com

Parks 4th of July Festival – Tuesday, July 4 – 9 a.m.-8 p.m.

Minot

National Zookeeper Week --- Sunday, July 17 -- (All week)

All Cat Celebration – TBA

Bacon & Brew @ the Zoo (adults only) --Thursday, Aug. 10 - 6-9 p.m.

Fall Hours Start - Monday, Aug. 22 - TBA

Grandparents Day – Sunday, Sept. 10 – 10 a.m.-6 p.m.

Winter Hours Start - Monday Oct. 2 -10 a.m.-3 p.m. (Mon-Sat.)

Annual Meeting: Your Life to Wildlife -Thursday, Oct. 5 - 6-9 p.m.

Kids Boo @ the Zoo - Sunday, Oct. 29 -11 a.m.-2 p.m.

Christmas @ the Zoo - Sunday, Dec. 10 - 11 a.m.-2 p.m.

Wild at Art – Winter 2024 - TBA

Zoo Hours

May: 9 a.m.-6 p.m.

June-August: 9 a.m.-8 p.m.

September: 10 a.m.-6 p.m. October-April (Mon.-

Sat.): 10 a.m.-3 p.m.





### Spend a Relaxing

### Day at the Zoo

1219 Burdick Expressway East Minot, ND 58701 701-857-4166 www.rpzoo.com



# **Open Year Round**

Check Out the View at the Zoo!

#### **JUNE 2023**





Whether you're looking for a place to Moose Park gather for a picnic, ride bike or cool off, Minot has a park for the whole family to enjoy. The Minot Park District operates Oak Park and maintains the following parks in the 11th-14th Block of 4th Avenue NW city. They include:

11th & 11th Park 11th Street and 11th Avenue NW

**Dakota Bark Park** 2905 7th Avenue SW

**Green Valley Park** Souris Drive & 27th Street SE

Hammond Park 8th Avenue & 3rd Street NE

Leach Park 2400 Block of 2nd Avenue SW 400 9th Street. SW

**Polaris Park** 712 26th Avenue. NW

**Radio City Park** 37th Avenue SE & 2nd Street

**Riverside Park** Alley south of Cortland Drive

**Roosevelt Park** 1215 Burdick Expressway E.

Shirley Bicentennial Park/ Scandinavian Heritage Park South Broadway & 11th Avenue SW

The Minot Park District operates Roosevelt Park Pool in Roosevelt Park and splash pads in Radio City Park and Oak Park.

#### Roosevelt Park Pool

857-4114 the 2023 season.

Summer Season Hours: Monday – Thursday: 12–5 p.m. & 6:30 block of 4th Avenue NW. -8:30 p.m.

Friday, Saturday & Sunday: 1-8 p.m. Admission Rates:

pool and kiddy pool)

Individual season pass - \$60. up to 6 people. Additional passes can be 2nd Street. purchased for up to 50% off. \*5 and under are free

Family Swim: Monday & Wednesday Evenings \$15 entire family.

#### **Oak Park Splash Pad**

Splash Pads are open 10 a.m.-8 p.m. daily. The Oak Park Splash Pad is free to The Roosevelt Park Pool is open for the public. It offers a unique and fun way to cool off and beat the summer heat. Oak Park is located between 11th and the 14th

#### Radio City Splash Pad

Splash Pads are open 10 a.m.- 8 p.m. \$5 per person – Ages 6 & up (Includes daily. The Radio City Splash Pad is free to the public. It offers a unique and fun way to cool off and beat the summer heat. Ra-Family Season Pass -\$170 for a family dio City is located at 37th Avenue SE &

# MAYSA ARENA

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www.minotparks.com

#### PAGE 24



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ARROWHEAD AD 1600 2ND AVE SW 701-839-7948 OPEN 6 AM - 10 PM



NORTH HILL 2211 16TH ST NW 701-857-4060 OPEN 6 AM - 10 PM



BROADWAY 1620 S BROADWAY 701-837-4961 OPEN 6 AM - 10 PM

**SCHOOLS** 

PAGE

PRESCHOOLS Escuela Preschool 1000 3rd Street. NE 720-9697

Minot Head Start 2815 E. Burdick Expressway 857-4688

Children's Garden Preschool 1800 Hiawatha Street. SE 833-8980

Acorn Hollow Early Learning Center and Montessori of Minot Preschool 120 5th Avenue. NW 509-6557

ELEMENTARIES

Bel Air 501 25th Street. NW 857-4590

**Bell** 5901 U.S. Highway 52 S. 420-1880 Dakota 101 Eagle Way Minot Air Force Base 727-3310

**Edison** 701 17th Avenue. SW 857-4595

**John Hoeven** 3400 13th Street. SE 418-1600

Lewis and Clark 2215 8th Street. NW 857-4665

Longfellow 600 16th Street. NW 857-4615

North Plains 101 C Street. Minot Air Force Base 727-3320

**Perkett** 2000 5th Avenue. SW 857-4680 Roosevelt 715 8th Street. NE 857-4685

Sunnyside 1000 5th Avenue. SE 857-4690

**Washington** 600 17th Avenue. SE 857-4695

MIDDLE SCHOOLS Erik Ramstad

1215 36th Avenue. NW 857-4466 Jim Hill 1000 6th Street. SW 857-4477

Memorial 1 Rocket Road Minot Air Force Base 727-3300

#### HIGH SCHOOLS Minot High School-Souris

**River Campus** 1510 W. University Avenue. 857-4496 Minot High School-Central Campus 215 1st Street. SE 857-4660

Minot High School-Magic City Campus 1100 11th Avenue. SW 857-4500

Parochial Schools

Bishop Ryan Catholic School 316 11th Avenue. NW

Our Redeemer's Christian School 700 16th Avenue. SE 839-0772

838-3355

#### OTHER AREA SCHOOLS

Nedrose Elementary 6900 Highway 2 E. 838-5552 Nedrose High School 5705 15th Avenue. SE 838-5550

STOP

South Prairie 100 177th Avenue. SW 722-3537

Jefferson Early Childhood Center 3800 11th Avenue. SE 857-4600

SPECIAL ACADEMIC EDUCATION

Minot Adult Learning Center 1609 4th Avenue. NW 857-4488

Kalix 605 27th Street. SE 852-1014

(R)

Burdick Job Corps Center 1500 University Avenue. W. 857-9600 Dakota Boys and Girls Ranch 6301 19th Avenue. NW 852-3628

#### HIGHER EDUCATION

Minot State University 500 University Avenue. West 858-3000 msu@minotstateu.edu

Embry-Riddle Aeronautical University Minot Air Force Base 727-9007

Park University (Minot Air Force Base) 156 Missile Avenue. Minot Air Force Base 844-884-8612

A community bank with decisions made close to the people we serve — both urban and rural.

# **DACOTAH BANK**

BANKING • INSURANCE • MORTGAGE • TRUST

dacotahbank.com

1121 S. BROADWAY | MINOT

FDIC Insurance and Trust not FDIC Insured.

#### **JUNE 2023**

# HEALTH CARE

#### HOSPITALS

**Trinity Hospital** opened spring of 2023 Corner of 37th Avenue SW and 23rd Street SW 857-5000 trinityhealth.org

Trinity Health-St. Joseph's 407 3rd Street SE 857-5000

#### **CLINICS**

**CHI-St. Alexius Health** Medical Plaza 2111 Landmark Circle 858-1800 st.alexius.org

First District Health Unit 801 11th Avenue SW 852-1376 fdhu.org

**Medical Group** Minot Air Force Base 723-5653

**Minot Center for Family** Medicine 1201 11th Avenue SW 858-6700 centerforfamilymedicine.net

Minot Health Clinic 1418 S. Broadway, Suite B 837-1551 minothealthclinic.com

**Northland Community** Health Center – Minot 1600 2nd Avenue SW. Suite 19 852-4600 northlandchc.org

Sanford Health Occupational Medicine and Physical Therapy Clinic 801 21st Avenue. SE 839-5902 sanfordhealth.org

Minot Air Force Base 5th Sanford Health Highway 2 Family Medicine and Walk-In Clinic 801 21st Avenue, SE 838-3033 sanfordhealth.org

> Sanford Health Northwest Clinic 1500 21st Avenue. NW 418-4300 sanfordhealth.org

Trinity Health -East Ridge 1250 21st Avenue. SE 857-5000 trinityhealth.org

**Trinity Firstcare** Walk-in Clinic 400 Burdick Expressway E. 857-7817

Trinity Health – Medical Arts 400 Burdick Expressway E. 857-5000 trinityhealth.org

Trinity Health -South Ridge 1500 24th Avenue SW 857-5000 trinityhealth.org

Trinity Health -**Town and Country** 831 South Broadway 857-5000 trinityhealth.org

**Triple C** 315 Main Street, Ste 108 837-5757 facebook.com/TripleCClinic Edgewood Vista

Legacy Health Clinic 1324 20th Avenue SW Suite 1 838-6000 legacyclinic.org

**Lakeview Health Clinic** 2050 36th Avenue SW 852-8502 facebook.com/lakeviewhealthclinic

**Bevond Healthcare** 3108 South Broadway Suite H 510-2523 beyondhealthcareminot. weebly.com

#### **NURSING HOME/ ASSISTED LIVING/** RETIREMENT

**Trinity Homes** 305 8th Avenue. NE 857-5800

800 16th Avenue, SE 852-1399

**Emerald Memory Care** 500 28th Avenue. SE 800 16th Avenue, SE 852-1399

**The Wellington** 601 24th Avenue. SW 858-9800

The View on Elk Drive 2905 Elk Drive 852-7700

Maple View Memory Care 2805 Elk Drive 852-1800

Somerset Court 1900 28th Street. SW 838-4500

Ellison Assisted Living of Minot 3515 10th Street. SW 800-385-2527

**Minot Health and Rehab** 600 Main Street. S. 852-1255

# Your local community bank since 1964.

Follow @bankfirstwestern on Facebook & Instagram to see what we're doing in the communities we serve.





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# **TRINITY HOSPITAL**

#### Know Where to Go

Whether it's a hurt ankle, migraine or fever, we've all wondered where the most appropriate place is to go for treatment. So, how do you know where to go?

To better understand where you should seek treatment, you need to consider if your symptoms require emergent or urgent attention. If your symptoms are severe or life-threatening (emergent), head straight to the Emergency Room.

"People with conditions such as chest pain, stroke symptoms, unconsciousness, difficulty breathing or low oxygen saturations, or heavy, uncontrollable bleeding should come to the ER immediately," said Jeffrey Sather, MD, a physician in Trinity Health's Emergency Trauma Center.

In addition to the critical symptoms listed above, the emergency room is for patients who have been in a major trauma incident such as an auto accident, who are experiencing severe abdominal pain, or who have an injury needing repair such as a major laceration or broken bone.

### Primary Care: Simple acute illnesses and chronic condition management

If your injury or illness is not urgent or life-threatening, is a simple acute issue such as a cold or the flu, or is the result of a chronic condition, make an appointment with your primary care provider. Your provider knows your health history, including what medications you are taking and what chronic conditions might need to be considered in your treatment.

If you are unable to see your primary care provider, then FirstCare Walk-In Clinic is the next option.

#### FirstCare Walk-In Clinic

For acute health conditions that don't require an ER visit, and when your primary care provider can't see you within your expectations, FirstCare Walk-In Clinic is available.

If a patient does not have a primary care provider, FirstCare is available for their acute concerns with the expectation that they establish care with a primary care provider. Conditions that may require the care of the walk-in clinic including fevers, chills, cold symptoms, minor head injuries (without loss of consciousness), simple fractures and sprains, mild wounds and lacerations, and rashes.

FirstCare is open 8 a.m. to 8 p.m. on weekdays and 9 a.m. to 5 p.m. on weekends and holidays with no appointment necessary. The clinic is located on the second floor of Trinity Health Medical Arts, 400 Burdick Expy. E., in Minot. While the clinic does not take appointments, it does attempt to help you manage expectations by posting current wait times on Trinity's website: www.trinityhealth.org.



### Treating minor injuries fast.

## FirstCare Walk-in Clinic

See a provider today...and we're open every day.

From pains and sprains, to cuts and bruises, we offer same-day care for adults and children. We also have a lab, pharmacy and radiology services right on site for your convenience. Walk-ins are welcome!

Check our wait times at trinityhealth.org/firstcare.

Monday-Friday......8 a.m.-8 p.m. Weekends & Holidays....9 a.m.-5 p.m.

FirstCare Walk-In Clinic 400 Burdick Expressway East in Minot



MAKING MORE POSSIBLE

**JUNE 2023** 



# PLACES TO STAY

Baymont by Wyndham 1609 35th Avenue SW 251-4325

Candlewood Suites 900 37th Avenue SW 858-7700

Comfort Inn 3420 South Broadway 838-5200

Comfort Suites 601 22nd Avenue SW 852-9700

Clarion Hotel Convention Center 2200 Burdick Expressway E. 852-2504

Country Inn & Suites 1900 22nd Avenue SW 837-1900

Dakota Inn by Wyndham 2401 Highway 2&52 Bypass West 838-2700

Dakotah Rose Bed & Breakfast 510 4th Avenue NW 838-3548

Days Inn by Wyndham 2100 4th Street SW 852-3646

Extended Stay America 1009 20th Avenue SE 837-1500 Grand Hotel 1505 North Broadway 852-3161

Hampton Inn & Suites 1400 North Broadway 838-1400

Hawthorne Suites 800 37th Avenue SW 838-7300

Highland Suites 1605 35th Avenue SW 837-7900

Holiday Inn Express & Suites 300 37th Avenue SW 837-1200

Hotel Revel by Best Western 1510 26th Avenue SW 800-735-5868

#### Conveniently located just 3 minutes from Minot Airport



Spacious & Clean Shuttle Service to the Minot Airport available 24/7 Free Hot Breakfast • On-Site Fitness Center & Indoor Pool Hyatt House 2301 Landmark Drive NW 838-7300

Mainstay Suites 1212 31st Avenue SW 852-6246

Microtel Inn & Suites by Wyndham 414 37th Avenue SW 839-2200

Motel 6 1515 22nd Avenue SW 852-2201

My Place 3501 4th Steet SW 838-2300

Noble Inn 1009 20th Avenue SE 837-1500

# SHOPPING

Northern Plains Inn 1515 22nd Avenue SW 852-2201

Quality Inn & Suites 3916 North Broadway 390-1820

Roughrider Campground 500 54th Street NW 852-8442

Sierra Inn 929 20th Avenue SE 837-1800

**Sleep Inn & Suites** 2400 10th Street SW 837-3100

Staybridge Suites 3009 South Broadway 852-0852

#### Super 8 Motel by Wyndham 1315 North Broadway 852-1817

SureStay Plus Hotel by Best Western 900 24th Avenue SW 838-2424

Swenson RV KOA 1945 20th Avenue SE 800-562-7421

Welcome Suites Minot Extended Stay Hotel 3501 4th Street SW 838-2300

Windgate by Wyndham 900 24th Avenue SW 353-8580



#### Dakota Square Mall 2400 10th Street. SW The largest shopping mall in the city with numerous stores.

Main Street in Downtown Minot Offers a blend of arts, gifts, crafts, clothing and specialty shops. Available parking includes two ramps within easy walking distance of Main Street retailers.

> Arrowhead Shopping Center 1600 2nd Avenue SW

Joshua Plaza 410 40 Avenue SW

South Gate Crossing 16th Street SW

Willow Gate Crossing 3808 South Broadway

South Broadway Plaza 1809 South Broadway

Metro Plaza 1400 20th Avenue SW Minot Plaza 1940 South Broadway

Plaza on 31st 31st Avenue SW

Market on North Hill 2211 16th Street NW

Prairie Rose Plaza 1524 South Broadway

**Town and Country Center** 9th Avenue and South Broadway

#### **JUNE 2023**

#### **DESTINATION: MINOT 2023**



#### THEATER

Make a Scene Kids Theater Full Steam Ahead 2915 10th Street SW Ste. C 570-398-3327

Minot State University Division of Performing Arts 1-800-777-0750 Minotstateu.edu/music/calendar. shtml

Minot State University Summer Theatre 1-800-777-0750 Minotstateu.edu/theatre

Mouse River Players 838-3939 115 1st Street SE

#### MUSEUMS AND MORE

Carnegie Center 105 2nd Avenue SE 839-1993

Dakota Territory Air Museum 100 34th Avenue NE 852-8500

Magic City Discovery Center 1545 1st Street Northwest 858-7529

Northwest Art Center 500 University Ave West 858-3264

Railroad Museum of Minot 19 1st Street NE 852-7091

Old Soo Depot Transportation Museum 15 Main Street North 852-2234 – call ahead

Scandinavian Heritage Center 1020 S Broadway 852-9161

Ward County Historical Museum 8181 Highway 2/52 West, Burlington 839-0785

#### MUSIC

Brass Band of Minot 838-2691

Frozen Fingers Musical Association 838-8484

Heritage Singers 839-7228

International Artist Series 838-1113

International Music Camp 838-8472 or 263-4211

Minot Chamber Chorale 721-4548

Minot City Band 838-0122

Minot Community Concert Band 838-8472

Minot Symphony Orchestra 858-4228

Nodakords 838-2691

Norsk Hostfest Accordion Club 838-8484

Northern Lights String Quartet 722-3961

Voices of Note 720-1046

Western Plaines Opera Company 858-3185

423-

#### OTHERS

Minot Area Council of the Arts 852-2787

Souris Valley Model Railroad Association 852-7091 or 240-9209

#### VISUAL ARTS AND OTHER ARTS

62 Doors Gallery & Studio 240-6216

**Artfest** 868-4445

Artfest Suite 1 Gallery 3 Main Street South 833-8998

Minot Art Club 838-8915

Minot Camera Club 362-7984

Minot Prairie Quilt Guild 838-7755

POEM Studio 36 3rd Street NE 509-8466

Taube Museum of Art2 Main Street North838-4445

#### DANCE

Rinat Mouzafarov Institute of Dance & Ballet Theatre 837-0239

Brick Studio 839-3262

Studio X – A New Generation of Dance 839-8369

Dance Company of Minot 423-608-0304

#### **ARTS IN THE PARK**

Enjoy free concerts beginning in June every Thursday (7:30 p.m.) Sunday (4 & 7 p.m.), and select Tuesdays running through early August at Roosevelt and Oak Parks. Each concert includes a performance and visual display demonstration.

#### **OTHER LOCAL ATTRACTIONS**

North Dakota State Fair July 21-29

Norsk Hostfest North Dakota State Fair Center Sept. 27-Sept. 30.

Let's Destroy It, LLC Rage Room 300 30th Avenue NW Ste B 340-7866

Margie's Art Glass Studio 109 Main Street South 837-8555

**Up Your Axe** 21 Central Avenue E Suite 102 380-1317

HighAir Ground 1210 4th Avenue. NW 837-5867

Highairground.com A one-of-a-kind indoor entertainment experience for safe family fun and fitness with 10,000 square feet of wall-towall trampolines.

#### Escape Point 18 2nd Street. NE 500-0501

www.escapepointnd.

Live-action adventure in which players are locked in a room and must find clues to a puzzle to escape.

Bingorama 1808 20th Avenue. SE 838-1362 Bingo hall Lucy's Amusement Park 5119 U.S. Highway 83 South 839-2320 *Minature golf course and rides* 

North Hill Bowl 1901 N. Broadway 852-4108 www.northhillbowl.com A facility offering bowling including Xtreme Bowling.

Oak Park Theater 1500 4th Avenue. NW 852-7469

www.oakparktheater.net A locally-owned movie theater showing the latest hit movies before they come out on DVD/ Blu-ray and streaming online.

#### AMC Classic Dakota Square Mall

839-4123 www.amctheatres.com

A movie theater showing the latest hit movies.

#### The Putt District

17 Main Street. S., Suite A 852-7888 www.theputtdistrict. com

A family-fun entertainment center featuring Glow-in-the-Dark minigolf, arcade lounge, and clubhouse.

#### The Spot Pool Hall

6 2nd Street. NE 852-7768 A pool hall with 23 tables and featuring a golf simulator, batting cages, pinball machines and vintage arcade games.



|  |   |   | EVENTS   |
|--|---|---|--|
|  | MARCH   |   |  |
| JANUARY  | Home & Garden Show  | APRIL                                       |  |
| KMOT<br>Ag Show<br>FEBRUARY  | Pheasants for the Futur<br>Banquet<br>Minot Gun Show  | The Big One<br>Spring Arts &<br>Crafts Show |  |
| Monthly Minot  | KX Sports Show  | Minot Flea                                  | MAY  |
| Flea Market  | Easter Egg Hunt at Zoo  | Market                                      | Shriners Circus  |
|  |   |   | Summer drag<br>racing starts   |
| AUG<br>Minot Foo<br>Festi<br>Great T<br>Sesti<br>Motor Magic<br>Minot Flea Mark<br>Out of the Darkne<br>Walk<br>Downtown Fal<br>Festival | JULY<br>Fourth of July F<br>Cardboard cano<br>Arts in the City: T<br>Downtow<br>Secret Garder<br>North Dakota<br>Fair<br>COCTOBER<br>PRC Badlands<br>Finals Rodeo | e races<br>hursdays<br>n<br>Tour<br>State   | E<br>the<br>sdays<br>on<br>DECEMBER<br>Danadian Pacific<br>Holiday Train<br>Holiday Tour of Homes<br>Christmas at the Zoo<br>Minot Flea Market |



#### **MEXICAN**

Casa Jalisco Mexican Restaurant 3700 Burdick Expressway 852-4690

Mi Mexico 3816 South Broadway 858-0777

Paradiso Mexican Restaurant 1445 South Broadway 837-1445

**Q'Doba Mexican Eats** 1700 South Broadway 420-2936 2045 North Broadway 420-9702 Taco Bell 1630 South Broadway 839-7147

Taco Feliz 1535 South Broadway 839-1535 Dakota Square Mall 839-2850

**Taco John's** 1725 South Broadway 839-3289

#### ASIAN

Baan Rao Thai Restaurant 2110 10th Street SW 839-5508

Bento Japan Dakota Sqaure Mall 420-2088 China Star 1631 South Broadway 838-3833

**DESTINATION: MINOT 2023** 

LeeAnn Chin Dakota Square Mall 838-6235

OISHII Ramen 1901 South Broadway 838-1188

N.D. Asia 3400 16th Street SW 852-1240

Thai Hot 2 122 Main Street South 441-4998 **Try Thai Food Minot** 1524 South Broadway Suite 4A 720-6756

Little Blue Elephant 22 Main Street S 852-1881

#### SANDWICHES & BURGERS & CHICKEN

A&W 3100 South Broadway 852-1397

Arby's 1734 South Broadway 852-3720

Burger King 1509 South Broadway 838-2022; Dakota Square Mall 839-3094 Burger Time 1520 South Broadway 839-4549

Champs Chicken 4750 N Broadway 839-7520

The Cheesesteak Factory 1901 North Broadway 852-7885

Crave Burger Dakota Square Mall 838-7701

**Culver's** 3000 S Broadway 852-4800





#### Dairy Queen Grill & Chill

1127 North Broadway 839-6312 215 14th Avenue SW 839-4131 1924 4th Avenue NW 852-6067 2251 36th Avenue SW 852-8495

#### **Firehouse Subs**

South Gate Crossing 3112 16th Street SW Ste D 852-7827

Five Guys Burger & Fries 3300 16th Street SW 837-5555

#### Hardee's

2205 North Broadway 838-4408 2000 South Broadway 852-6960

Jersy Mike's 304 4th Avenue NW Suite 1 441-7080

#### Jimmy John's 1100 North Broadway 857-5898 3304 South Broadway 839-3304 KFC 1929 North Broadway 852-1397 3100 South Broadway 852-1397

Magic City Hoagies 123 Main Street South 839-4771

McDonalds 1400 24th Avenue SW 852-2389 711 South Broadway 852-2310 101 31st Avenue SW 420-9899

Slim Chicken's 1416 South Broadway 839-7838

Smash Factory Burgers and More 1408 2nd Avenue SW 839-9001

# **N.D.Asia**

#### 3400 16th St SW, Minot, ND 58701 701-852-1240





#### **DESTINATION: MINOT 2023**

Sonic

1601 35th Avenue SW 420-9899

**Subway** 1418 South Broadway 838-5192 721 North Broadway 839-1070 Walmart 839-4987 1700 21st Avenue NW 837-8090

Wendy's 1519 South Broadway 852-2651

#### PIZZA

Domino's Pizza 1524 South Broadway 838-8383

Happy Joe's 420 20th Avenue SE 839-5637

Little Caesar's 3310 South Broadway 838-7788 **Marco's Pizza** 1250 4th Avenue NW 852-7492

Nite Train Pizza 515 20th Avenue Suite 7 852-5433 Papa John's Pizza 200 South Broadway 852-7272

Papa Murphy's 1605 South Broadway 838-7700

Pizza Hut 2115 North Broadway 852-1053 1407 South Broadway 852-2000;

**Pizza Ranch** 305 37th Avenue SW 852-3663

Planet Pizza 220 South Broadway 852-1700

**Have Dinner AND a Show!** 

Sammy's Pizza & Restaurant 400 North Broadway 852-4486

ND-Asia.com

Spicy Pie 1100 North Broadway Suite A 852-7437

**Uncle Maddio's** 3310 16th Street SW 838-8045

#### **DINERS & CAFES**

Charlie's Main Street Café 113 Main Street South 839-6500

**Denny's Restaurant** 2701 South Broadway 837-5646

Homesteader's 2501 Elk Drive 838-2274

Kroll's Diner 1221 20th Avenue SE 839-4111

Perkin's Restaurant & Bakery 405 20th Avenue SW 838-2020

Schatz Crossroads 1712 20th Avenue SE 852-0810







#### COFFEEHOUSES

Black Iguana 109 Main Street South 839-8555

Broadway Bean & Bagel 1701 South Broadway 839-2732 **Caribou** 1701 South Broadway 578-3088 1930 S Broadway 852-7332 1615 36th Avenue SW 441-7550

**Cinnabon** Flying J Travel Plaza 3800 HWY 2 and 52 W 839-5061 **Coffee Barn** 1400 31st Avenue SW 720-2314

**Daily Buzz** 405 1st Avenue SW 838-2899

Kaffee Kiosk 1415 South Broadway 833-6719 Magic Bean Brewing Co. 400 East Central Avenue #104 852-5865

Parker Coffee Shop 21 1st Avenue SE B 852-0561 Perky's 2601 North Broadway 500-6100

Prairie Coffee House 2251 36th Avenue SW 852-5401 **Starbucks Coffee** 1340 South Broadway 838-9609 1780 22nd Avenue SW 858-7358

The Station: Urban Gourmet 1303 South Broadway Urbangourmetgoodiesgmail.com

With Room Coffee 813 North Broadway 822-0060



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#### FINE DINING

**10 North Main** 10 North Main 837-1010

Primo 1505 North Broadway 838-7746

The Iron Horse Kitchen & Bar 21 East Central Avenue 858-8204

Whisky Nine 109 West Central Avenue 837-1090

#### HEALTH

Blissful Bee Juicery 3514 N Broadway 240-2568

LIV 118 8th Avenue NW 340-9561

Minot Nutrition Addiction 815 North Broadway 838-9900

Superior Nutrition Minot 1105 16th Street SW A 839-0303

**Teulu Brew LLC** 417 Burdick Expressway East 240-9639

#### LOCAL FAVORITES

Craven Cajun Minot 1000 N Broadway 837-1995

Dickey's BBQ Pit 1720 South Broadway 852-4227

Ebeneezer's 300 Central Avenue East 838-3146

Jamaican VYBZ Kitchen 315 Main Street S suite 200 441-9309

Noodles and Company 304 4th Avenue NW 491-91063

Off The Vine 15 Main Street S 838- 7003

Olive Garden 1030 24th Avenue SW 858-7311

Panera Bread 1807 22nd Avenue SW 839-7650

Starving Rooster 30 1st Street NE 838-3030

#### **BAKERIES, SWEETS & MORE**

Bearscat Bakehouse 920 N Broadway 839-5390

Cookies for You 117 Main Street South 839-4975

ColdStone Creamery 1420 24th Avenue SW 839-1810

Crumble Cookie 1024 24th Avenue SW 441-7978

Guilty Sweets & Charcuterie 3 1st Street. SE Suite 2 500-1888

Guilty Sips Dakota Square Mall, JC Penny parking lot 500-1888

Magic City Sweets 123 Main Street. S 839-4772

Minot's Daily Bread 1500 South Broadway 837-6907

Prairie Sky Breads 3 1st Street SE Suite 3 858-0612

#### **FOOD DELIVERY**

Bite Squad www.bitesquad.com

Door Dash www.doordash.com

Food Dudes Delivery www.fooddudesdelivery

Grub Hub www.grubhub.com

#### BAR & GRILL & BBQ

**Applebee's** 2302 15th Street SW 839-2130

Badlands Restaurant & Bar 1400 31st Avenue SW 852-7335

Bones BBQ 1412 2nd Avenue SW 838-9140

Buffalo Wild Wings 3820 South Broadway 838-9464

Ground Round 2110 Burdick Expressway East 838-3500

**J.L. Beers** 1999 22nd Avenue SW 838-2337

LongHorn Steakhouse 1707 22nd Avenue SW 858-1707

Monty's BBQ 4100 East Burdick Expressway 578-8960

Wings & Rings 910 24th Avenue SW 852-4297

